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South Florida is Home to Elizabeth Arden's First Destination Lifestyle Spa
Red Door Lifestyle Spa Opens in Weston at the Hyatt Regency Bonaventure

WESTON, FL - November 28, 2006 – Red Door Spa Holdings announces the opening of its destination spa, *Red Door Lifestyle Spa, Elizabeth Arden*. Located in Weston, Florida at the Hyatt Regency Bonaventure, this 48,000 square foot, state-of-the-art facility is the first of its kind in the company's portfolio, which consists of more than 55 spas and salons.

"The destination spa provides programming over a period of three, five or seven days, while a day spa primarily provides a balancing, relaxing experience through a variety of spa services and treatments within one day. The Red Door Lifestyle Spa is designed as a place where people can go and spend anywhere from a day or two to an entire week. It is, as the name suggests, a destination unto itself," commented Chris Fields, senior vice president of operations. "While guests can certainly come in for a single spa treatment or salon service, we offer countless additional opportunities from executive coaching to nutrition wellness to hypnotherapy, all of which can be tailored into a personal program."

Nestled amongst 24 acres of lush surroundings at the Hyatt Regency Bonaventure, the spa provides a refuge of calm and serenity. The free standing building houses 30 private treatment rooms, a full-service beauty salon, state-of-the-art fitness and weight center with Techno Gym equipment and flat-screen televisions on all cardio equipment, 400 square foot hot yoga room, fully equipped Pilates studio and a 2,000 square foot movement studio. The studio offers more than 20 classes a week including kickboxing, weight training, cycling, trekking and boot camp. Plus, guests can enjoy use of the luxurious spa locker room, relaxation rooms, Zen Garden, steam rooms, saunas, whirlpools and private outdoor pool before and after their treatments. The Bamboo Spa Café provides a tempting, nutritionally balanced menu of delectable bites in a tropical oasis.

Upon arrival to the spa, guests can meet with a Destination Specialist and have a personalized schedule created for them outlining their days from dusk until dawn. Options include private and group classes, techniques and training, as well as treatments and therapies to ensure guests meet their lifestyle goals.

"The staff and technicians here are leaders in their craft. They stay on top of the latest trends and practices, from colorized cycling, which was patented by our instructor to yogalates, a combination of yoga and Pilates. Our standards ensure that guests receive the best service and attention available," stated Spa Director and Destination Specialist Tanya Lee. "Additionally, the attention to detail in the creation of this spa was incredibly exact. Everything from the linens to the landscaping was carefully reviewed to create a setting that provides a seamless and indulgent setting for our patrons."

Red Door Lifestyle Spa, Elizabeth Arden provides balance for the inner-self through nurturing spa treatments, health-restoring activities and lifestyle-balancing classes. *Red Door Lifestyle Spa* offers a complete menu of salon and spa services, from signature skincare, massage and body treatments to nail services, hair design, makeup artistry and more. Specialized retreats can be planned to cater to individuals or group travel in all arenas including stress relief, life balancing and total body wellness, among others. The staff consists of specially skilled and educated technicians who provide outstanding, personalized service. Lifestyle and fitness classes provide guests with the most current trends in wellness. Revive and renew the spirit, nourish the soul, and pamper the body at *Red Door Lifestyle Spa, Elizabeth Arden*. Red Door Holdings is a leader in the industry, with nearly 100 years of experience and more than 55 spas and salons already in operation. For additional information or to book services, visit www.reddoorlifestylespa.com or call 954-349-5500.

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